

South Dakota Department of Corrections



Training Programs
Mental Health Oversight Council
1/4/2018



Our Mission

To protect the citizens of South Dakota by providing safe and secure facilities for juvenile and adult offenders committed to our custody by the courts, to provide effective community supervision to offenders upon their release and to utilize evidence-based practices to maximize opportunities for rehabilitation.



Mental Health First Aid

Mental Health First Aid is an 8-hour course that gives people the skills to help someone who is developing a mental health problem or experiencing a mental health crisis.

Topics Covered

- Depression and Mood Disorders
 - Anxiety Disorders
 - Trauma
 - Psychosis
 - Substance Use Disorders

Background

- Training is a collaborative effort between Department of Corrections and Department of Social Services – Division of Correctional Behavioral Health
- Required of all existing staff as an annual training requirement – Effective January 1, 2016.
- Required of all new hire staff during pre-service training – Effective January 1, 2016.
- Recertification required of all staff every 3 years. Scheduled during annual training in FY 19.

- Implemented January 1, 2016.
- Trained 764 existing staff between January 1, 2016 and June 31, 2016.
- Trained 110 new hire staff during FY 16.
- Trained 282 new hire staff during FY 17.
- Trained 80 new hire staff from July 1, 2017 – present.
- Total of 1,236 staff trained to date
- 100% of all DOC Institutional Staff.



Training Offered



Dialectical Behavioral Therapy (DBT)

DBT-Targets problematic behaviors by improving client's ability to be mindful of his or her own external and internal experiences, to better regulate emotions, to tolerate distress and communicate effectively with others. (Linehan, 1992)

Why?

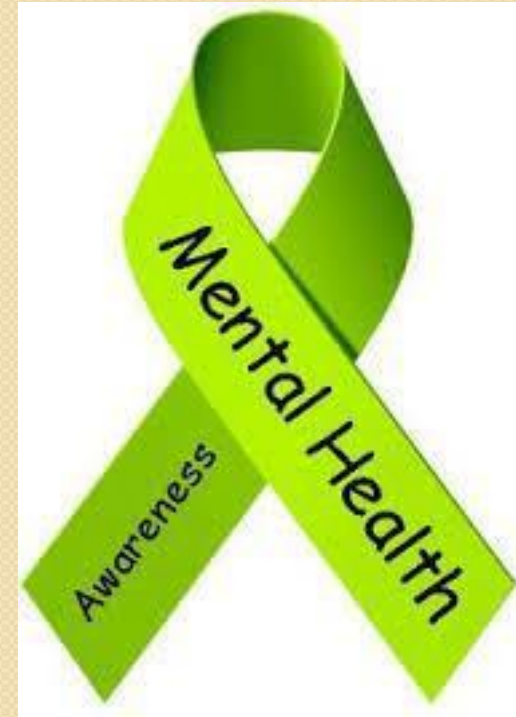
Prison population have a high proportion of personality disorder traits

- DBT is the only treatment effective for Borderline Personality Disorder
- Highly structured. Increases functioning, self esteem and anger management. Decreases anxiety, disciplinary reports and recidivism.
- Effective at managing life threatening and aggressive behaviors against self and others
- Staff burn out is reduced – less violence in the institution, staff receive training and support

Background

- Training is a collaborative effort between Department of Corrections and Department of Social Services – Division of Correctional Behavioral Health
- 3 hour training curriculum.
- Required of all existing staff as an annual training requirement – Effective January 1, 2017.
- Required of all new hire DOC staff during pre-service training – Effective January 1, 2017.

- Implemented January 1, 2017.
- Trained 708 existing staff between January 1, 2017 and June 31, 2017.
- Trained 90 new hire staff during FY 17.
- Trained 45 new hire staff from July 1, 2017 – present.
- Total of 843 staff trained to date
- 100% of all DOC Institutional Staff.



Training Offered